



"...Knowing there are men and women back home who understand and appreciate some of the sacrifices made is a source of strength and comfort..."

USAF Captain

WISH LIST

Items our American heroes say they miss most

SNACKS

Pringles ONLY (NO bags)
Trail Mix
Instant Oatmeal
Granola Bars
Cookies
Crackers
Power Bars
Nuts
Slim Jims
Beef Jerky
Coffee & Filters
Hot Chocolate Packets
Tea Bags

- ❌ NO Glass
- ❌ NO Aerosol
- ✅ Single-serve
- ✅ 16 oz. size

Condiments: ketchup, mayo, mustard, salt & pepper, hot sauce, etc. (single-serve)

Candy (1 lb. bag or smaller)
NO LOOSE CANDY

Pop Tarts
Easy Mac Microwave Cups
Tuna Fish
Chicken
Peanut Butter (plastic only)
Jelly/Jam (plastic only)
Drink Mixes (single-serve)
Chocolate Milk
Yoo-Hoo
Soup
Cereal (single-serve)
Chili, Stew, Canned Pasta
(16 oz. or smaller)
Gum & Lifesavers

TOILETRIES

Foot Powder
Feminine Hygiene Products
Hand Sanitizers
Baby Wipes
ChapStick/Lip Balm
Eye Drops
Sunblock
Insect Repellent (non-aerosol ONLY)
Disposable Razors
Shave Cream (non-aerosol ONLY- available at dollar stores)
Toothbrushes & Toothpaste
Dental Floss & Mouthwash
Eyeglass Cleaning Wipes
Skin Moisturizer
Deodorant

- ❌ NO Glass
- ❌ NO Aerosol
- ✅ 16 oz. size

Q-tips
Nail Clippers & Files
Shampoo & Conditioner
Hair Brushes & Combs
Hair Clips, Ties, Bands

SUNDRIES

Batteries
Undershirts
Boxers
Crew Socks
Word Games, Books, Comics
Playing Cards, Dominoes
Air Fresheners (hanging car type)
Hand Warmers
Band-Aids
Laundry Detergent (individual size)
Dryer Sheets (Bounce, etc.)
Zip-loc Bags (gallon & quart sizes)

UnitedForTheTroops.org
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Donate via Venmo: UFT-2007