



**BRINGING A LITTLE
COMFORT TO THE TROOPS.**

Celebrating 10 years of graciously serving those who selflessly serve us.

Delivering “We Care” packages of items our deployed military members say they miss most.

www.unitedforthetroops.org

Phone: 845-729-4239

Email: unitedforthetroops@gmail.com

MONETARY DONATIONS can be made online at: www.unitedforthetroops.org (click “Donate”)

or by mail to: UFT, PO Box 242, Shrub Oak, NY 10588

(UFT is a 501 (c)(3) non-profit. Contributions are tax deductible to the extent of law.)

SUGGESTED LIST OF ITEMS

****** Heartfelt cards and letters say more than “thank you” – they say “we care.” ******

SNACKS

Potato Chips (NO Bags) example “Pringles”
Trail Mix. NO Large Bags.
Chex Mix
Cookies (Small Boxes).
Oreos - Chocolate Chip Etc.
Crackers (Small Boxes) Ritz-Triscuit etc.
Granola-Power-Cereal Bars
Fruit Roll-Ups
Nuts (Bag or Canned)
Sunflower Seeds
Slim Jims
BEEF JERKY
Hot Chocolate
Tea Bags - Coffee
Pop Tarts
Easy Mac-Microwaveable ONLY
Salsa (Plastic Jars)
Tuna-Salmon (pouch or canned)
Chicken (pouch or canned)
PEANUT BUTTER (Plastic Jar)
Gum and Lifesavers etc.
JELLY-JAM (Plastic Jar)
Single Serve Drink Mixes (Kool-Aid, Crystal Light, etc.)
Yoo-Hoo-Chocolate Milk (Non Refrigerated)
Instant Oatmeal
Cereals (Individual Size)
Chili, Stew, Pastas (Individual Size) POP TOP CANS
Nutella
Single-serve condiments- (Ketchup, Mayo, Mustard
Salt & Pepper, Hot Sauce, Etc.)
Microwave Popcorn

NO GLASS JARS

NO AEROSOL CANS

NO “SAMPLE” SIZES

**BOXED COOKIES, CRACKERS,
CHIPS & PRETZELS ONLY PLEASE**

TOILETRIES

Baby Wipes
Chapstick & Lip balm
Eye Drops
Shampoo & Conditioner
Insect Repellant (Non Aerosol)
Disposable Razors
Shaving Cream (Non Aerosol)
Toothbrushes & Toothpaste
Dental Floss
Mouthwash
Eyeglass Lens Cleaning Wipes
Body Wash (Liquid-NO Bar Soap)
Skin Moisturizer
Deodorant
Kleenex (Individual size)
Q-Tips, Sunblock
Nail Clippers & Nail Files
Athlete’s Foot Powder (Non Aerosol)
Laundry Detergent (Individual Size)
Ibuprofen- Tylenol Etc.
Brushes / Combs /Hair Clips/ Bands
FEMININE HYGIENE PRODUCTS

SUNDRIES

Pipe Cleaners
Batteries
Undershirts
Boxer Shorts
Yo-Yo's
Work Gloves-Hand Warmers
Beanie Babies
Word Game Magazines
Playing Cards
Crew Socks
Magazines-Comics-Word Games
CD's & DVD's
Icy/Hot Patches
ZIP-LOCK BAGS ALL SIZES